

NAVIGATE G11 HYBRID
REFLECTION & DISCUSSION
SESSION 1: THE 3Ps MODEL
& PERSONAL BRANDING



THÀNH TÍCH HỌC SINH MAX EDU



A*STAR

3 HỌC BỔNG
TOÀN PHẦN



VINUNIVERSITY

1 HB TOÀN PHẦN
5 HB 90 – 100%



Microsoft

1 SV ĐƯỢC MỜI
LÀM VIỆC TẠI
MICROSOFT

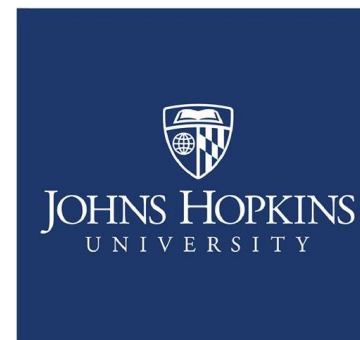
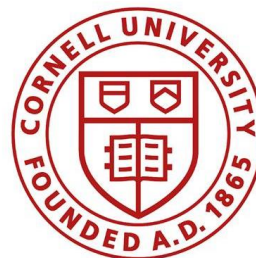
10+ HỌC SINH NHẬN HỌC BỔNG TRỊ GIÁ TRÊN 1 TỶ
ĐỒNG TẠI CÁC ĐH MỸ, ANH, ÚC, SINGAPORE, HK



UNIVERSITY OF
CAMBRIDGE



HARVARD
UNIVERSITY



Berkeley
UNIVERSITY OF CALIFORNIA

University of
Massachusetts
Amherst



HOW TO REFLECT ON THE SESSION

Instructions:

1. Review the lesson using the slideshow
2. Rewatch the videos containing the key points in the lesson
3. Reflect on the lesson content using the guiding questions below
4. Record your answers using the provided template
5. Complete the exercise(s) at the end of the lesson
6. Prepare for the face-to-face discussion session.

GUIDING QUESTIONS - 1

Think about these questions:

1. What do you want to do with your life?
2. Is there a particular area/field to which you want to dedicate your effort?
3. What are your long term and short term goals?
4. Do you think that your purpose(s) fit with your future academic/career pathways?
5. Who do you want others to remember you as? Why so?
6. Which one(s) among the 4 main orientations (Profession, Family, Friend, Community) do you want to focus your life in?

GUIDING QUESTIONS - 2

Think about these questions:

1. What can you talk about tirelessly in a Saturday evening?
2. What activities or tasks bring you a sense of enjoyment and engagement?
3. How do you feel when you are doing something that aligns with your passions?
4. Can you think of an example of a time when you pursued a passion and experienced a sense of fulfillment or purpose?
5. What are some extracurricular activities that align with your passions and interests?

GUIDING QUESTIONS - 3

Think about these questions:

1. How have your principles shaped the person you are today?
2. What values are most important to you and how do they inform your decision-making?
3. How can you ensure that your actions align with your principles and reflect the kind of person you want to be?
4. How do your principles influence the extracurricular activities you choose to pursue?
5. How can you demonstrate your principles and values through your extracurricular experiences?

GUIDING QUESTIONS - 4

Think about these questions:

1. How have your principles shaped the person you are today?
2. What values are most important to you and how do they inform your decision-making?
3. How can you ensure that your actions align with your principles and reflect the kind of person you want to be?
4. How do your principles influence the extracurricular activities you choose to pursue?
5. How can you demonstrate your principles and values through your extracurricular experiences?

20 SELF-AWARENESS QUESTIONS

Instructions: You should ask yourself and interview 2-3 persons who best know you and can give you straightforward and honest answers. It will take about 2-3 hours per interview but you will be surprised about what you will learn about yourself.

1. What am I good at? What am I so-so at? What am I bad at?
2. Who are the most important people in my life? What is the most important thing in my life?
3. What makes me afraid?
4. What relaxes me? Who/ what makes me laugh? When is the last time I laugh a lot?
5. What makes me tired?
6. What's my definition of success?
7. What type of person do I want to be?
8. How do I want others to see me?
9. What makes me angry?
10. What makes me happy/ sad? When is the last time I am happy/ sad?

20 SELF-AWARENESS QUESTIONS

11. What do you think you could never, ever give up?
12. Do you feel inspired by someone or something?
13. When did you last feel disappointed?
14. Do you consider your childhood a happy one? Do you want to move to another city/ country?
15. Do you have any (or many) guilty pleasures?
16. What would your ideal career consist of?
17. Are you attracted to a specific type of person? If yes, pls describe.
18. What's the biggest risk you've taken?
19. Are you living your life for yourself? What would you like to be remembered for?
20. What period of your life did you like most? What was it about that you enjoyed so much?

YOUR SELF-AWARENESS

Now, if you could make one incremental adjustment, what would it be? Redraw your improved dashboard

REVISED

DASHBOARD

Love 0 FULL

Play 0 FULL

Work 0 FULL

Health 0 FULL

Discussion 2: What would you get if you could attain this revised level of balance? How would life (really) change for you?

What incremental change could you attempt to move in this direction. What would it take for you to live this way for two weeks?

EXERCISES

Fill in the blank:

Date

The big 3 Ps



Purpose:

Activity: Give your own eulogy

Your purpose is:



Passion:



Principle:

GOOD LUCK AND HAVE FUN WITH MAX!

From your 3Ps, determine your PRIORITIES

WHAT IS YOUR
PRIORITY

Key takeaway: Your focus on 2023 - 2024



What are your priorities in 2023 - 2024? List up to 3 priorities (academic/ extracurricular)

**THANK YOU
AND ENJOY THE SESSION!**